HOT BUTTON REMOVER by Mike Foster, MA, mikemikef@gmail.com.

When I am Upset, I am *Judging*. I am *Judging* with the *Right Hand Rule*, where my pointing finger, points at Them, & my thumb points up at God & Three fingers, point back at Myself.

I can say: *"I Forgive Myself, for Miss Judging Them, Myself, or God, as any NAME."* [*NAMES* that I call Myself, Them, or God].

Example: *"I Forgive Myself for Miss Judging, Them as Ignorant." "They are doing their best, that they can, with their Judgments."*

My EGO [PRIDE] will try to stop me, from saying these exact words, but when I forgive anyway, any *NAME, enough times, I will be at Peace, about THAT NAME*. Then, there will be more names, to forgive. (c) 2010 CALL:(USA) C1-MIKEE

HOT BUTTON REMOVER by Mike Foster, MA, mikemikef@gmail.com.

When I am Upset, I am *Judging*. I am *Judging* with the *Right Hand Rule*, where my pointing finger, points at Them, & my thumb points up at God & Three fingers, point back at Myself.

I can say: *"I Forgive Myself, for Miss Judging Them, Myself, or God, as any NAME."* [*NAMES* that I call Myself, Them, or God].

Example: *"I Forgive Myself for Miss Judging, Them as Ignorant." "They are doing their best, that they can, with their Judgments."*

My EGO [PRIDE] will try to stop me, from saying these exact words, but when I forgive anyway, any *NAME, enough times, I will be at Peace, about THAT NAME*. Then, there will be more names, to forgive. (c) 2010 CALL:(USA) C1-MIKEE

HOT BUTTON REMOVER by Mike Foster, MA, mikemikef@gmail.com.

When I am Upset, I am *Judging*. I am *Judging* with the *Right Hand Rule*, where my pointing finger, points at Them, & my thumb points up at God & Three fingers, point back at Myself.

I can say: *"I Forgive Myself, for Miss Judging Them, Myself, or God, as any NAME."* [*NAMES* that I call Myself, Them, or God].

Example: *"I Forgive Myself for Miss Judging, Them as Ignorant." "They are doing their best, that they can, with their Judgments."*

My EGO [PRIDE] will try to stop me, from saying these exact words, but when I forgive anyway, any *NAME, enough times, I will be at Peace, about THAT NAME*. Then, there will be more names, to forgive. (c) 2010 CALL:(USA) C1-MIKEE

HOT BUTTON REMOVER by Mike Foster, MA, mikemikef@gmail.com.

When I am Upset, I am *Judging*. I am *Judging* with the *Right Hand Rule*, where my pointing finger, points at Them, & my thumb points up at God & Three fingers, point back at Myself.

I can say: *"I Forgive Myself, for Miss Judging Them, Myself, or God, as any NAME."* [*NAMES* that I call Myself, Them, or God].

Example: *"I Forgive Myself for Miss Judging, Them as Ignorant." "They are doing their best, that they can, with their Judgments."*

My EGO [PRIDE] will try to stop me, from saying these exact words, but when I forgive anyway, any *NAME, enough times, I will be at Peace, about THAT NAME*. Then, there will be more names, to forgive. (c) 2010 CALL:(USA) C1-MIKEE

HOT BUTTON REMOVER by Mike Foster, MA, mikemikef@gmail.com.

When I am Upset, I am *Judging*. I am *Judging* with the *Right Hand Rule*, where my pointing finger, points at Them, & my thumb points up at God & Three fingers, point back at Myself.

I can say: *"I Forgive Myself, for Miss Judging Them, Myself, or God, as any NAME."* [*NAMES* that I call Myself, Them, or God].

Example: *"I Forgive Myself for Miss Judging, Them as Ignorant." "They are doing their best, that they can, with their Judgments."*

My EGO [PRIDE] will try to stop me, from saying these exact words, but when I forgive anyway, any *NAME, enough times, I will be at Peace, about THAT NAME*. Then, there will be more names, to forgive. (c) 2010 CALL:(USA) C1-MIKEE

HOT BUTTON REMOVER by Mike Foster, MA, mikemikef@gmail.com.

When I am Upset, I am *Judging*. I am *Judging* with the *Right Hand Rule*, where my pointing finger, points at Them, & my thumb points up at God & Three fingers, point back at Myself.

I can say: *"I Forgive Myself, for Miss Judging Them, Myself, or God, as any NAME."* [*NAMES* that I call Myself, Them, or God].

Example: *"I Forgive Myself for Miss Judging, Them as Ignorant." "They are doing their best, that they can, with their Judgments."*

My EGO [PRIDE] will try to stop me, from saying these exact words, but when I forgive anyway, any *NAME, enough times, I will be at Peace, about THAT NAME*. Then, there will be more names, to forgive. (c) 2010 CALL:(USA) C1-MIKEE

HOT BUTTON REMOVER by Mike Foster, MA, mikemikef@gmail.com.

When I am Upset, I am *Judging*. I am *Judging* with the *Right Hand Rule*, where my pointing finger, points at Them, & my thumb points up at God & Three fingers, point back at Myself.

I can say: *"I Forgive Myself, for Miss Judging Them, Myself, or God, as any NAME."* [*NAMES* that I call Myself, Them, or God].

Example: *"I Forgive Myself for Miss Judging, Them as Ignorant." "They are doing their best, that they can, with their Judgments."*

My EGO [PRIDE] will try to stop me, from saying these exact words, but when I forgive anyway, any *NAME, enough times, I will be at Peace, about THAT NAME*. Then, there will be more names, to forgive. (c) 2010 CALL:(USA) C1-MIKEE

HOT BUTTON REMOVER by Mike Foster, MA, mikemikef@gmail.com.

When I am Upset, I am *Judging*. I am *Judging* with the *Right Hand Rule*, where my pointing finger, points at Them, & my thumb points up at God & Three fingers, point back at Myself.

I can say: *"I Forgive Myself, for Miss Judging Them, Myself, or God, as any NAME."* [*NAMES* that I call Myself, Them, or God].

Example: *"I Forgive Myself for Miss Judging, Them as Ignorant." "They are doing their best, that they can, with their Judgments."*

My EGO [PRIDE] will try to stop me, from saying these exact words, but when I forgive anyway, any *NAME, enough times, I will be at Peace, about THAT NAME*. Then, there will be more names, to forgive. (c) 2010 CALL:(USA) C1-MIKEE

HOT BUTTON REMOVER by Mike Foster, MA, mikemikef@gmail.com.

When I am Upset, I am *Judging*. I am *Judging* with the *Right Hand Rule*, where my pointing finger, points at Them, & my thumb points up at God & Three fingers, point back at Myself.

I can say: *"I Forgive Myself, for Miss Judging Them, Myself, or God, as any NAME."* [*NAMES* that I call Myself, Them, or God].

Example: *"I Forgive Myself for Miss Judging, Them as Ignorant." "They are doing their best, that they can, with their Judgments."*

My EGO [PRIDE] will try to stop me, from saying these exact words, but when I forgive anyway, any *NAME, enough times, I will be at Peace, about THAT NAME*. Then, there will be more names, to forgive. (c) 2010 CALL:(USA) C1-MIKEE

HOT BUTTON REMOVER by Mike Foster, MA, mikemikef@gmail.com.

When I am Upset, I am *Judging*. I am *Judging* with the *Right Hand Rule*, where my pointing finger, points at Them, & my thumb points up at God & Three fingers, point back at Myself.

I can say: *"I Forgive Myself, for Miss Judging Them, Myself, or God, as any NAME."* [*NAMES* that I call Myself, Them, or God].

Example: *"I Forgive Myself for Miss Judging, Them as Ignorant." "They are doing their best, that they can, with their Judgments."*

My EGO [PRIDE] will try to stop me, from saying these exact words, but when I forgive anyway, any *NAME, enough times, I will be at Peace, about THAT NAME*. Then, there will be more names, to forgive. (c) 2010 CALL:(USA) C1-MIKEE

HOT BUTTON REMOVER by Mike Foster, MA, mikemikef@gmail.com.

When I am Upset, I am *Judging*. I am *Judging* with the *Right Hand Rule*, where my pointing finger, points at Them, & my thumb points up at God & Three fingers, point back at Myself.

I can say: *"I Forgive Myself, for Miss Judging Them, Myself, or God, as any NAME."* [*NAMES* that I call Myself, Them, or God].

Example: *"I Forgive Myself for Miss Judging, Them as Ignorant." "They are doing their best, that they can, with their Judgments."*

My EGO [PRIDE] will try to stop me, from saying these exact words, but when I forgive anyway, any *NAME, enough times, I will be at Peace, about THAT NAME*. Then, there will be more names, to forgive. (c) 2010 CALL:(USA) C1-MIKEE